



Subscribe: 07849922573

msturdy@sevendaysahead.com

Sevendaysahead.com

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Disclaimer



Multi-asset technical strategies

Week of 5th April 2022

Mark Sturdy

Authorised and regulated
by the FCA



summary

Very powerful signals arise when the charts of any one asset are aligned in all three time frames - see highlights

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Long-term **BEAR** Euro
 Long-term **BEAR** Sterling
 Long-term **BEAR** Yen
 Long-term FLAT Euro

Medium-term **BEAR** Euro
 Medium-term **BEAR** Sterling
 Medium-term **BEAR** Yen
 Medium-term **BULL** Euro

Short-term **BEAR** Euro
 Short-term **BEAR** Sterling
 Short-term FLAT Yen
 Short-term FLAT Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Long-term **BULL**
 Long-term **BULL**
 Long-term **BULL**
 Long-term **BULL**

Medium-term **BULL**
 Medium-term FLAT
 Medium-term **BULL**
 Medium-term FLAT

Short-term FLAT
 Short-term FLAT
 Short-term FLAT
 Short-term FLAT

Bonds

- + Ten Year yield US TNote
- + Ten Year yield German Bund
- + Ten Year yield UK Gilt

Long-term **BULL**
 Long-term **BULL**
 Long-term **BULL**

Medium-term **BULL**
 Medium-term **BULL**
 Medium-term **BULL**

Short-term FLAT
 Short-term FLAT
 Short-term FLAT

Commodities

- + Oil
- + Gold

Long-term **BULL**
 Long-term **BULL**

Medium-term **BULL**
 Medium-term **BULL**

Short-term FLAT
 Short-term **BULL**

IMPLIED ASSET ALLOCATION

More



Currencies: Dollar Euro

CURRENCIES:

The Dollar remain very strong against all currencies. Only the Yen looks over sold and prone to loss of momentum. Sterling Euro is stagnant at the top of a trading range.

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

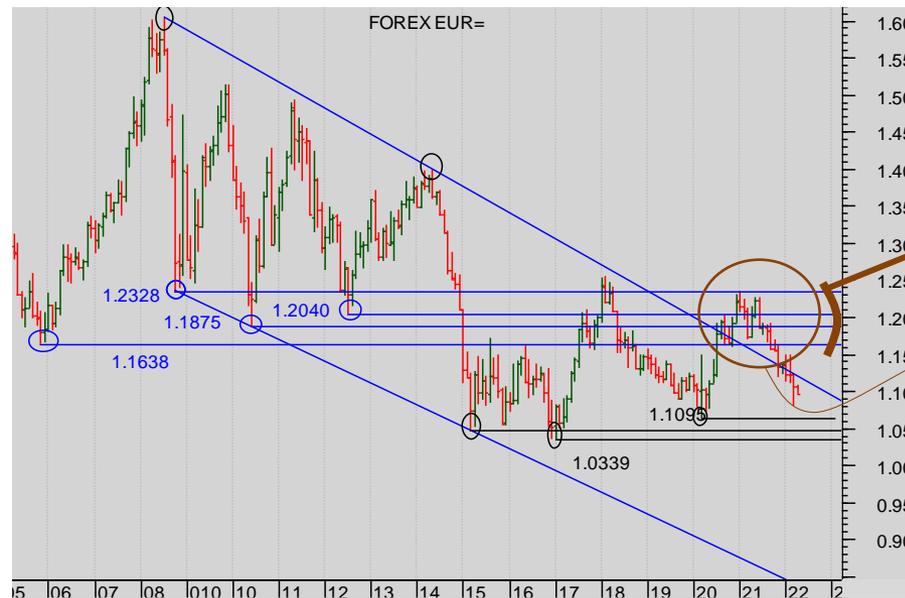
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Dollar Euro monthly spot cash chart

These powerful horizontal resistances have repelled the Euro bulls

Now the market has completed a small top...it's Euro bearish Dollar Bullish

Look closer

More



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

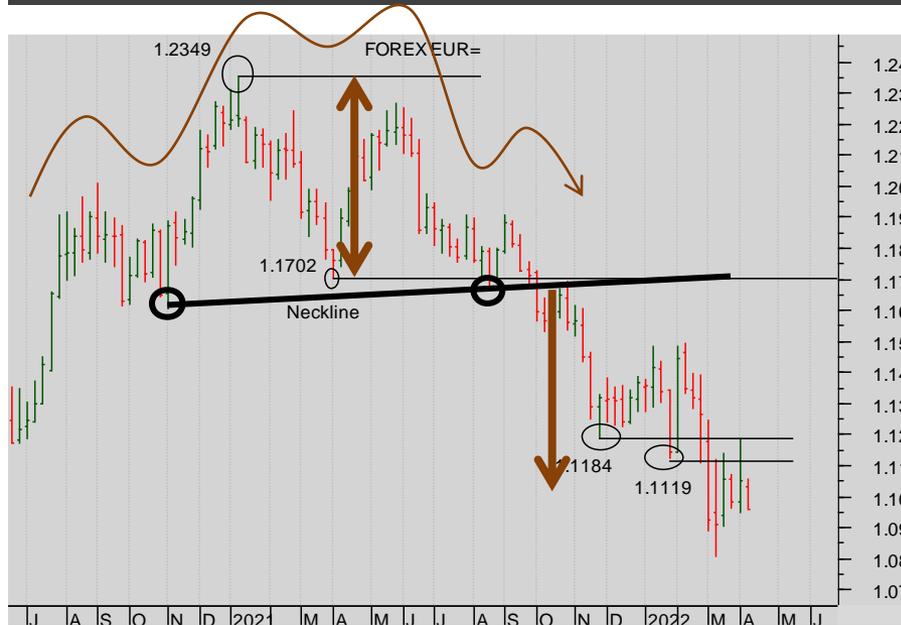
- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Currencies: Dollar Euro

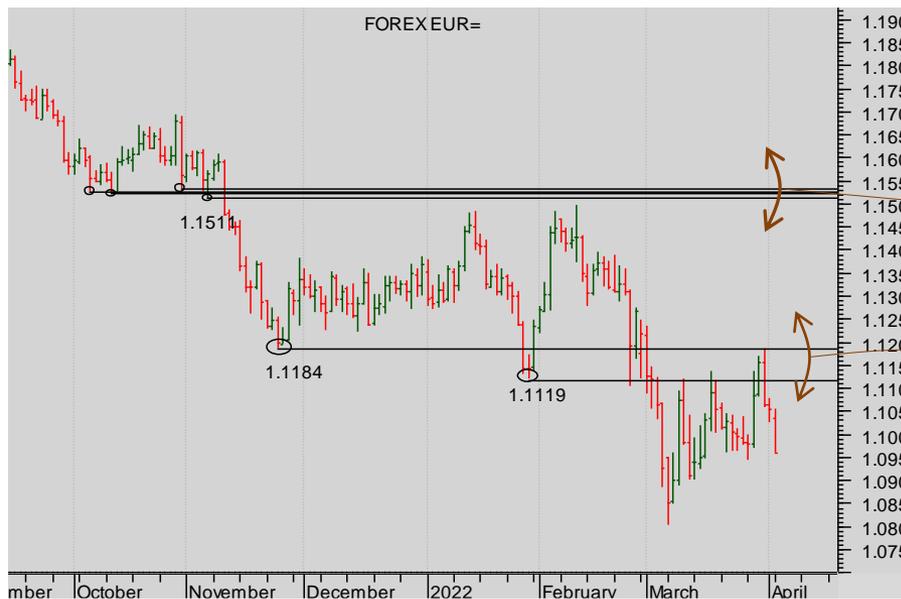


Dollar Euro weekly spot cash chart

Medium-term, this is a COMPLETED Bear Double Top (or a completed double headed H&S Top)

Minimum move? **Now achieved, so expect a loss of momentum.**

But the trend remains in place.



Dollar Euro spot cash chart daily chart...

This band of resistance from successive lows was crucial resistance on the bounces.

As we see.

Now this range is good Prior Low resistance to any rallies.

The trend continues.



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

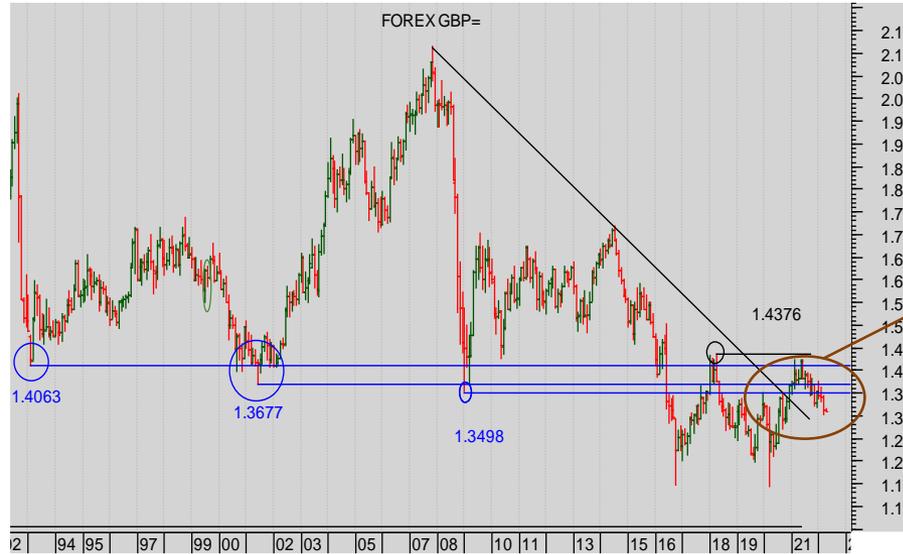
- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Currencies: Dollar Sterling

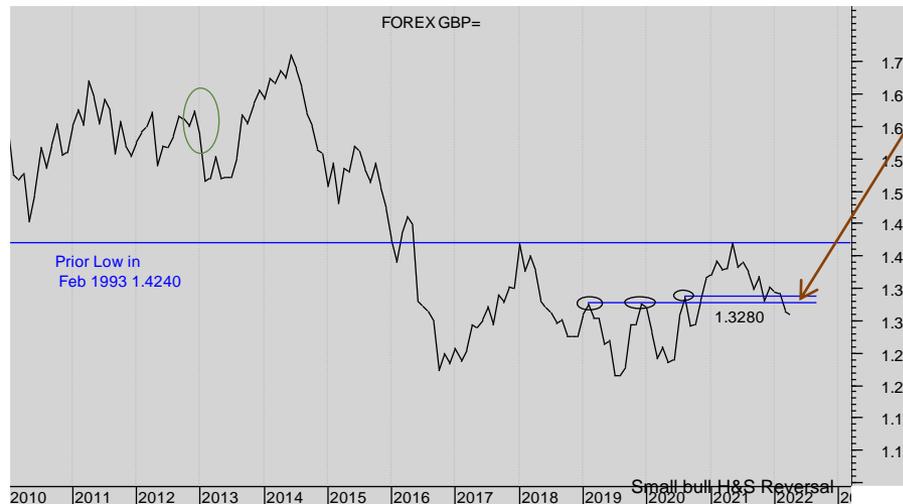


Dollar Sterling Monthly spot cash chart

Note that the horizontal resistances from the Prior market lows remain largely intact repelling Sterling twice...

Look closer at the small top in place

Dollar Sterling Monthly spot cash LINE CHART based on closes



This shows clearly that the band of support beneath the market has been breached

(The overhead resistance has been more powerful.)

The bears of Sterling are in charge.

More



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

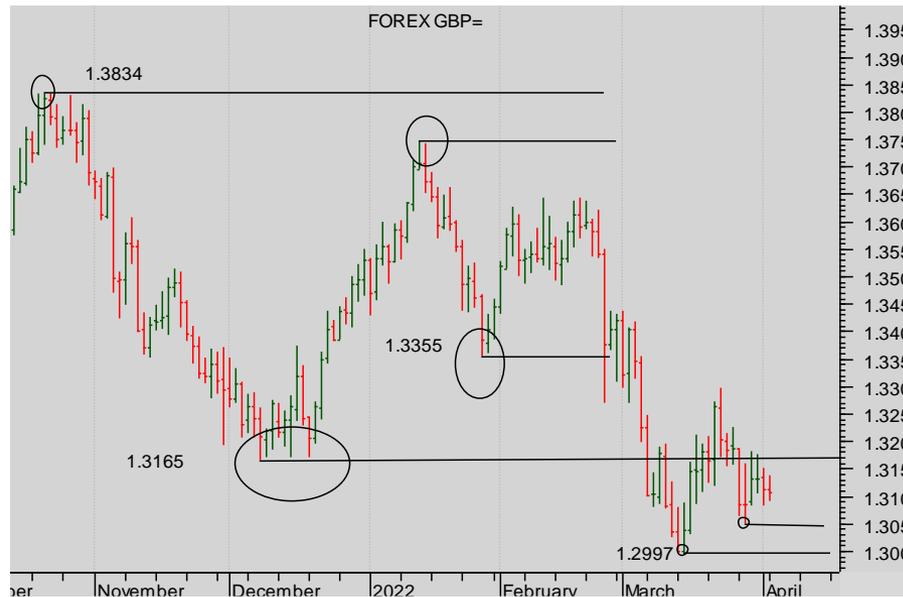
Currencies: Dollar Sterling



Dollar Sterling weekly spot cash chart

This bar chart a confirmed breakdown through 1.3165..

The bear Sterling trend continues.



Dollar Sterling daily spot cash chart

Short-term, note the confirmed break beneath the low 1.3165
The bear Sterling trend is intact.



Currencies: Dollar Yen

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

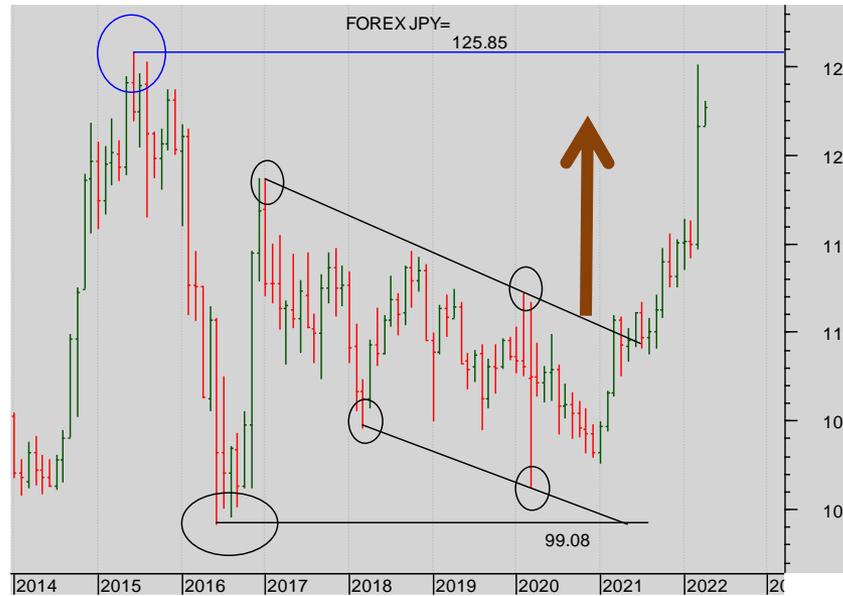
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Dollar Yen monthly spot cash chart

The bull falling wedge continuation pattern has COMPLETED.

The Dollar bulls are encouraged by the completion of the wedge.

The Yen has weakened – but note the proximity of the old 2015 high - **expect a loss of momentum and Dollar profit-taking.**



Dollar Yen weekly spot cash chart

Note the support from the top of the rising wedge.

Note the confirmed break of the 115.51 Prior High for the next bull leg.

More



Currencies: Dollar Yen

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Dollar Yen daily spot cash chart

The next leg has happened and now looks overextended...

Stand back.



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

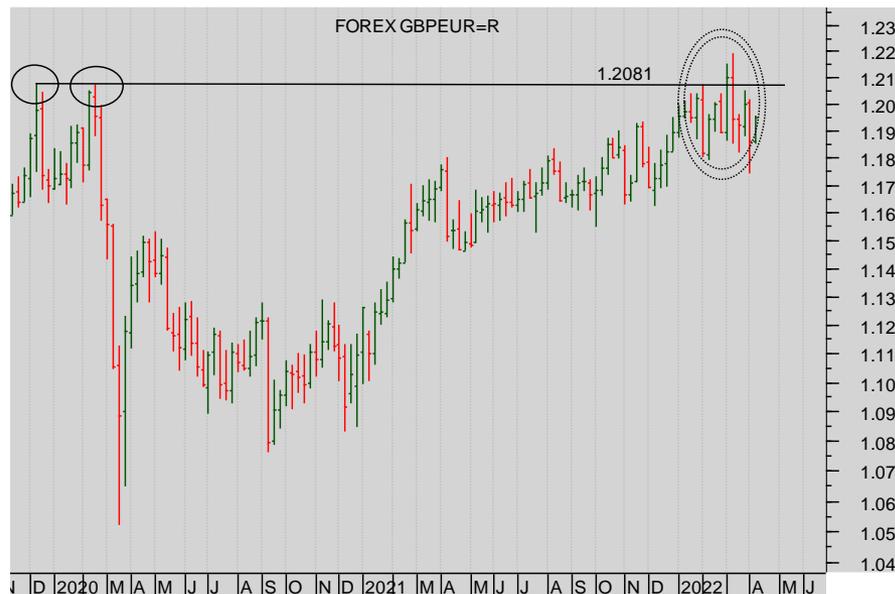
IMPLIED ASSET ALLOCATION

Currencies: Sterling Euro



Sterling Euro monthly spot cash chart

We had an attempted breakup through the 1.2041 top of the range. But at the end of the month the market closed with the long-established trading range.



Sterling Euro weekly spot cash chart

Note the FAILED break up through the Prior Highs.

More



Currencies: Sterling Euro

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

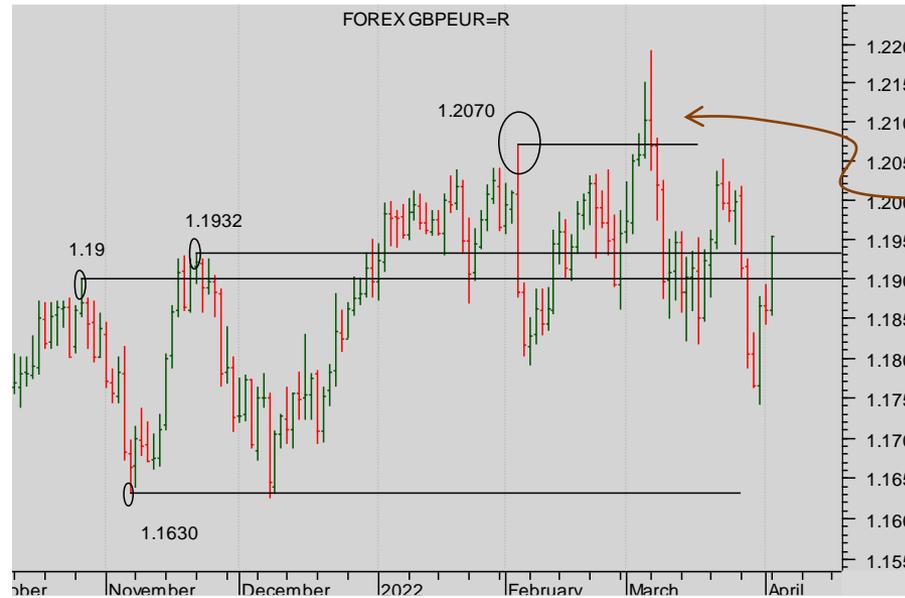
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Sterling Euro daily spot cash chart

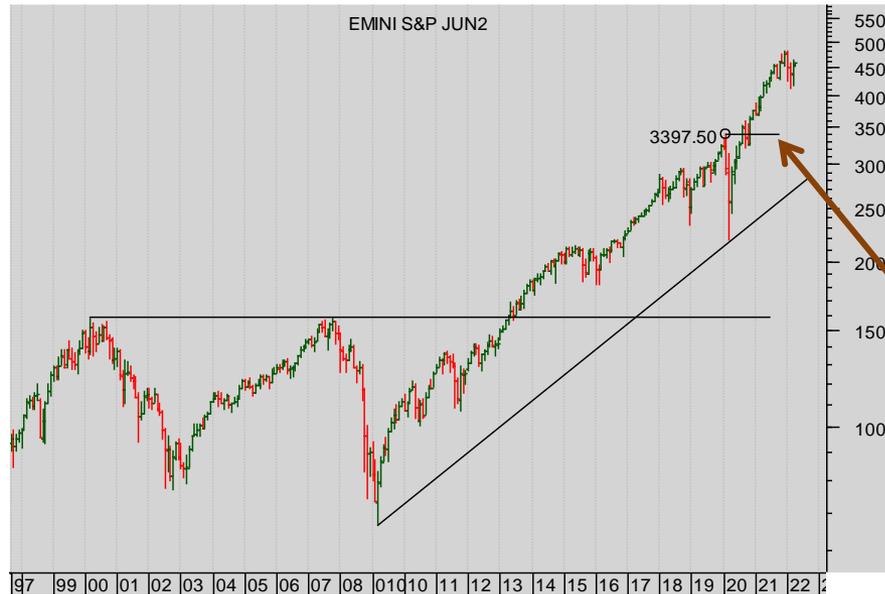
Short-term the breakout failed.

Stand back.



Stocks: CME S&P

STOCKS: Markets look very perky - led by FTSE and S&P who are both close to all time Highs. Europe has retreated from high anxiety, but has bounced cautiously, and has yet to overcome important overhead resistance. The Nikkei's long-term underpinned solidity stands out, and has bounced too, but in a measured way, and has downtrend resistance to overcome like the European markets.



CME S&P 500 monthly cont. futures chart

The market drove above the Old high of 3397 – beginning the current steeper bull leg.

First powerful support now at 3397.50.

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

More



Stocks: CME S&P 500

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

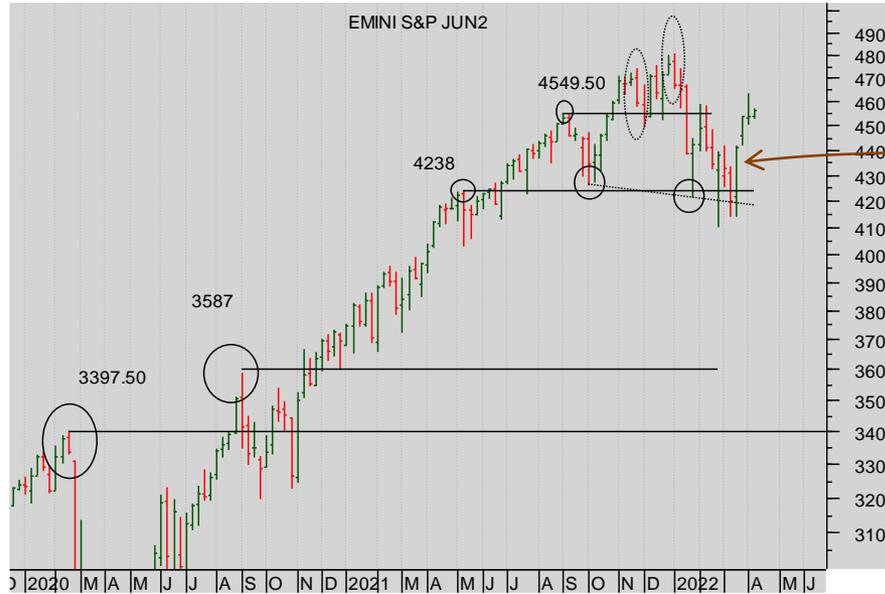
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

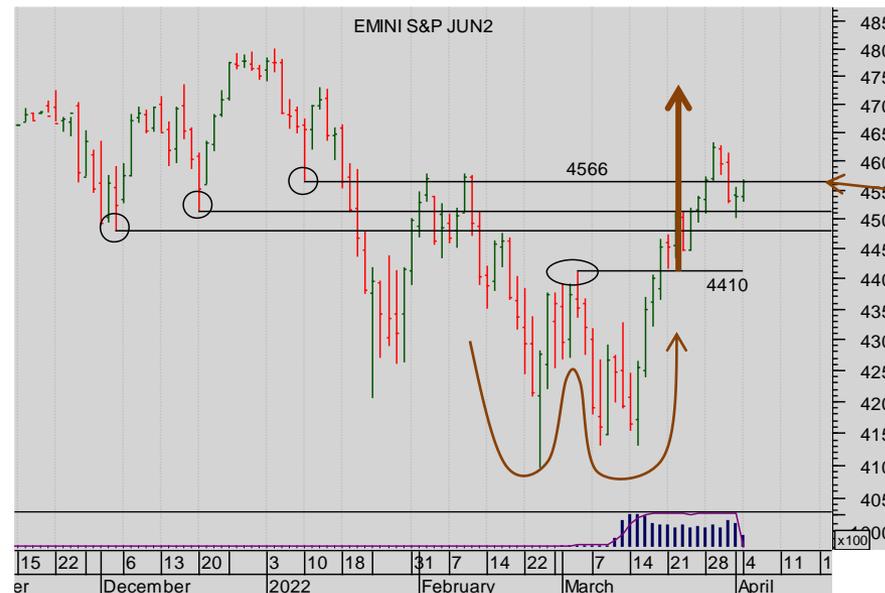
IMPLIED ASSET ALLOCATION



CME S&P 500 cont. weekly cont. chart

The market remains refused to confirm a Top.

The Weekly Key Reversal drove the market higher on the upside...



CME S&P 500 daily Jun 2022 chart

There is a possible Double Bottom in play – and the market has smashed up through the band of resistance from the Prior Lowsthe clear break above 4566 has given the bulls tremendous confidence.

More



Stocks: Eurex EuroStoxx 50

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

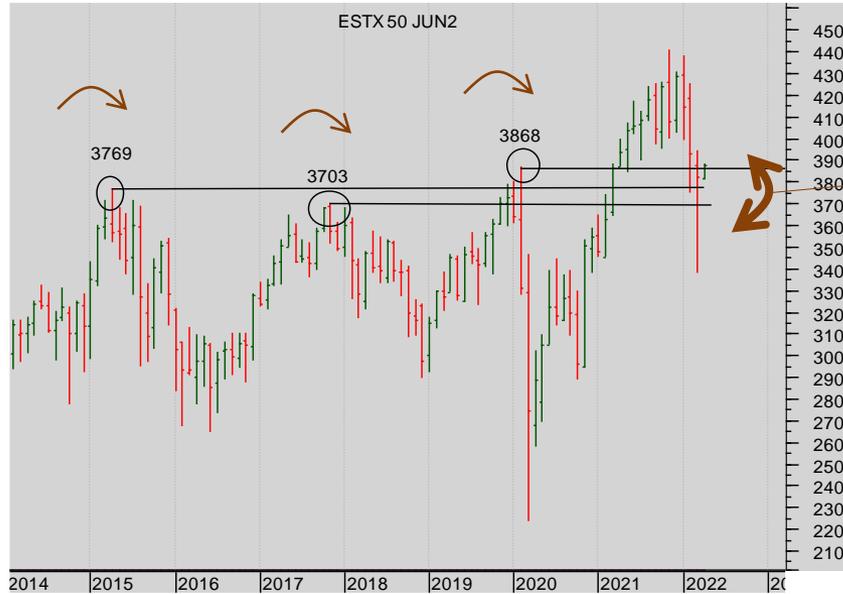
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Eurex EuroStoxx 50 monthly continuation futures chart

The market has bounced off the support from the succession of Prior Highs.

The bulls will have breathed a sigh of relief.



Eurex EuroStoxx 50 weekly Jun 22 futures chart

In the weekly chart resistance is the original completion level of the Double Bottom ... The bulls need the market to penetrate that

More



Stocks: Eurex EuroStoxx 50



Eurex EuroStoxx 50 daily Jun 22 futures chart

In the day chart the important levels are the horizontals from the Prior Lows at 3919/14.

Cautious bulls will wait for both the falling diagonal and the horizontal to break.

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + **EuroStoxx 50**
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Stocks: Liffe FTSE 100

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + **FTSE 100**
- + Nikkei 225

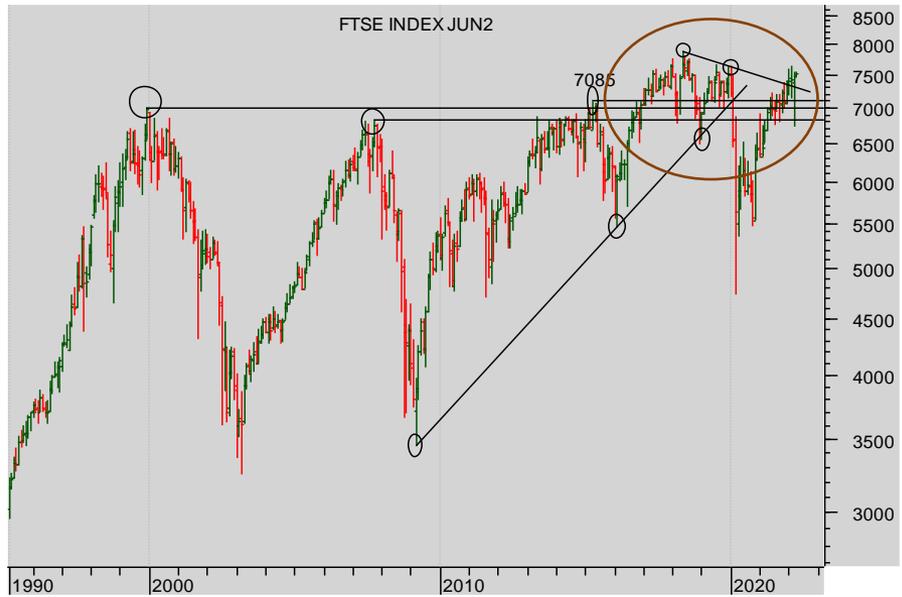
Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

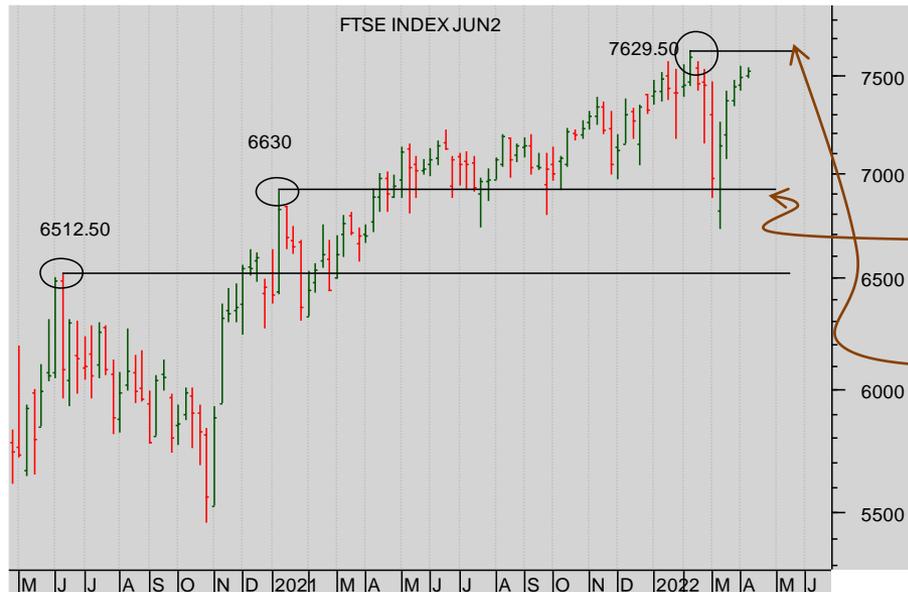


Liffe FTSE 100 Monthly continuation futures chart

The market has repenetrated back into (and largely through) the massive overhead resistance.

The diagonal is broken.

Look closer.



Liffe FTSE 100 Weekly cont. futures chart

The market has bounced off the first horizontal support of consequence 6630.

It's well-set.

But cautious bulls will wait for a break of the Prior High at 7629.50 before buying.





Stocks: Liffe FTSE 100

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + **FTSE 100**
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

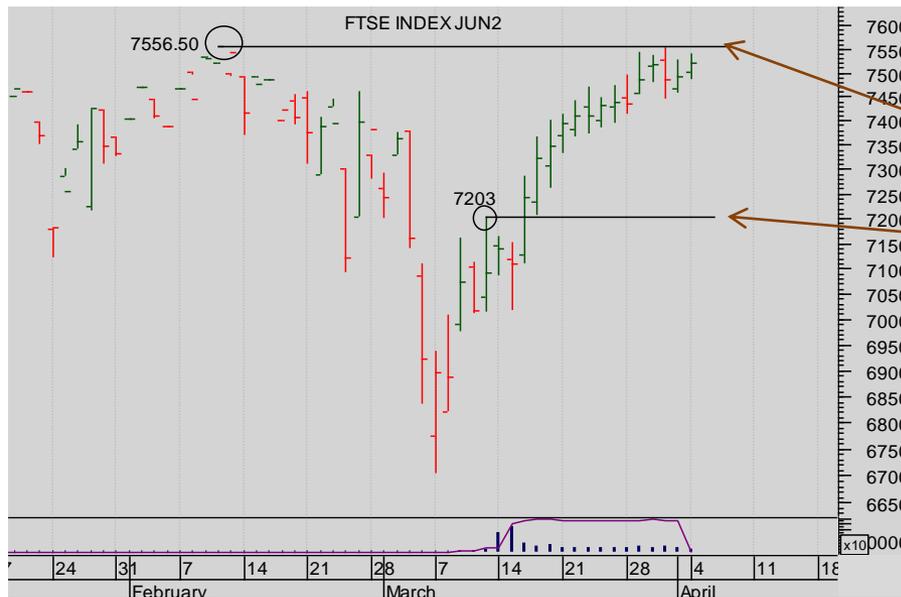
- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Liffe FTSE 100 **Jun 22**
weekly futures chart

Alternatively (or as well) Bulls
need to wait for a break of the
Jun 7556 Prior High ...



Liffe FTSE 100 **Jun 22** daily
futures chart

The approach to the Prior
high in detail.

This detail shows first support on
any retracement.



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Stocks: OSE Nikkei 225



Nikkei 225 chart (Quarterly)

The market has completed a complex but identifiable bull reversal pattern driving the market up to 40000 or so (measured on a linear chart.)

The support lies beneath at the Neckline at around 25000.

The market has clearly bounced off that MASSIVE support.

It looks strong

Nikkei 225 chart (WEEKLY continuation)



The Double Top drove the market down as far as the first important support at 2250 since when there has been a spectacular bounce, smashing the completion level of the Double Bottom – taking it out of the equation entirely.

(Cautious or shorter term bulls should wait for a break of the falling diagonal.)

More



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

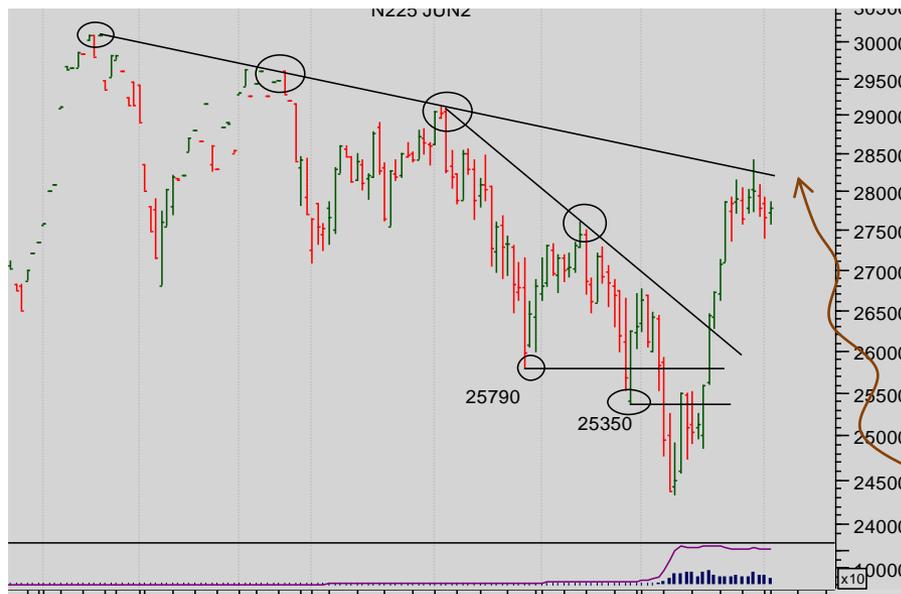
IMPLIED ASSET ALLOCATION

Stocks: OSE Nikkei 225



Nikkei 225 chart weekly Jun 2022 Future.

The detail of the completed Double Top in the Jun contract NB the rally back through the completion levelthe close above 26490 smashed the Top.



Nikkei 225 chart Daily Jun 2022 future.

The market's rally back up through the horizontal resistances and the diagonal bear trend resistance was VERY BULLISH.

Now buy again on a break of the well-established bear trend resistance at 28250



Bonds

BONDS: the pause in the rate at which bond yields are rising has led to some retracement, but only small beer so far. ..

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

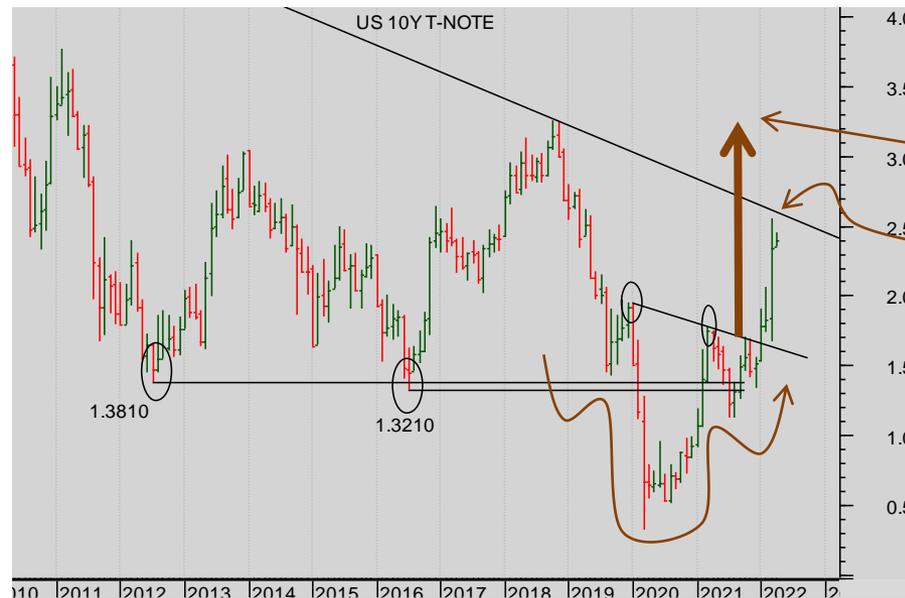
- + Ten Year US TNotes
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Bonds: US Ten Year Notes (Yield)



US Ten Year Notes (Yield) monthly chart

- The H&S Reversal pattern suggests much higher still.
- But wait for a break of the bear trend resistance at 2.6 or so before buying again.

More



Bonds: US Ten Year Notes (Yield)

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

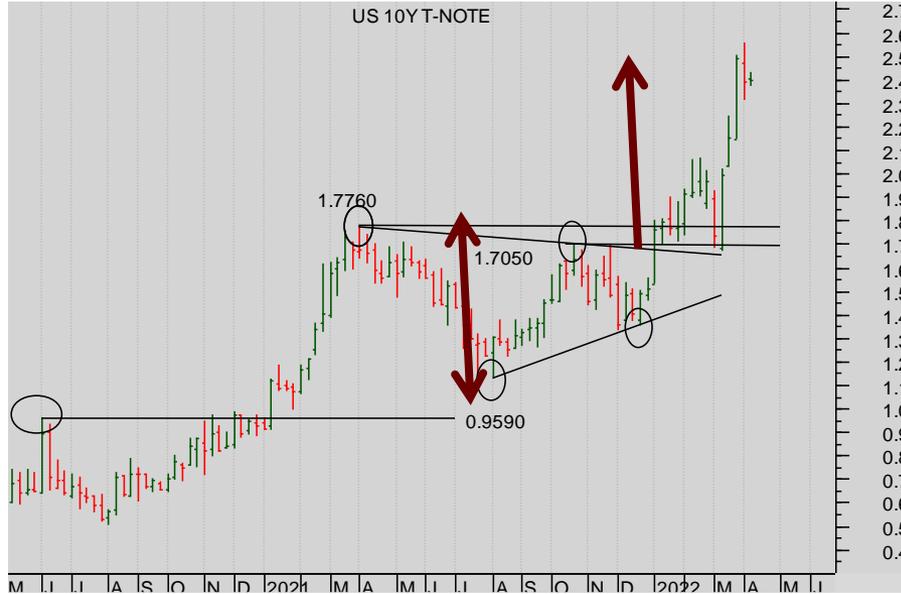
Bonds

- + Ten Year US TNotes
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



US Ten Year Notes (Yield) weekly chart

This bull continuation triangle has been exhausted by the bull move – there will be a **loss of momentum**



US Ten Year Notes June 2022 Futures price daily chart

The price **bears remain in control**.

Massive horizontal resistance reversed the market driving it down further.

The confirmed close beneath 125.45 set up the next bear leg..

But the market looks extended. ...





Bonds: German Bund yield chart

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Bund monthly yield chart

There is **now a successful break of resistance** at -0.204

The close above -0.204 cemented the break



Bund weekly yield chart

The market has bounced off support at the band from the two highs - it remains **bullish**.
But the market looks extended.

Note the proximity of the 2018 high of 0.8, expect a pause thereabouts - at current levels.

More



Bonds: German Bund yield chart



Bund daily Jun 22 futures price chart

The bear trend – proceeding.
Note this Prior Low - price bears (yield bulls) sold again on a close beneath.

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Bonds: UK Gilt yield chart



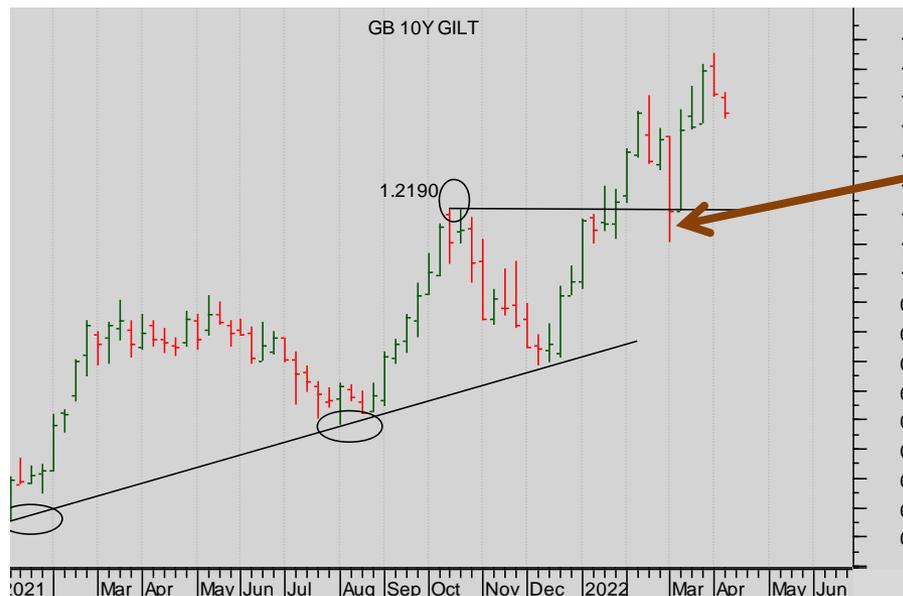
Gilt monthly yield chart

The market broke up through the diagonal downtrend resistance.

Note the completed H&S Reversal. Minimum move? 1.9%

And now the market has overcome the Prior Low resistance from the lows at 1.40 - 1.33.

The next bull leg begins.



Gilt weekly yield chart

Note the pull back to the first Prior High support ... And then the bounce.

The bull trend is in good fettle.

More



Bonds: UK Gilt price chart



Gilt daily Futures Jun 22 chart

The rally found good resistance at the Prior Lows (as is clear)

Wait for a confirmed break of the recent low before selling again....

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Commodity

COMMODITIES:

The feeling that oil is pausing at current levels before accelerating higher is growing. Note the developing pattern the day chart – in the context of our assessment of the weekly charts. Gold is a buy watch our levels for adding to longs.

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

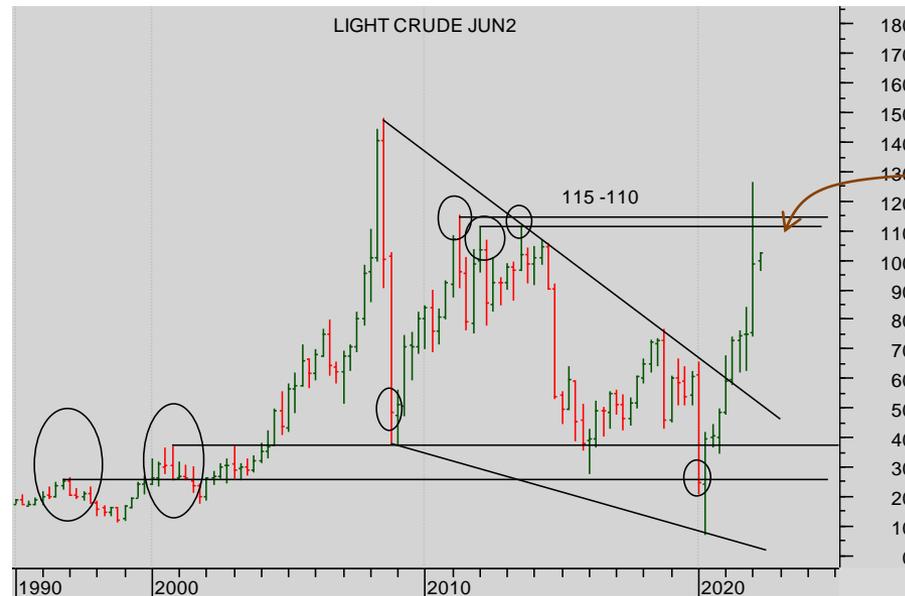
- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Commodities: Nymex WTI Oil



Nymex oil Quarterly continuation

The market is forging ahead and has arrived at an important historical turning point.

More



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

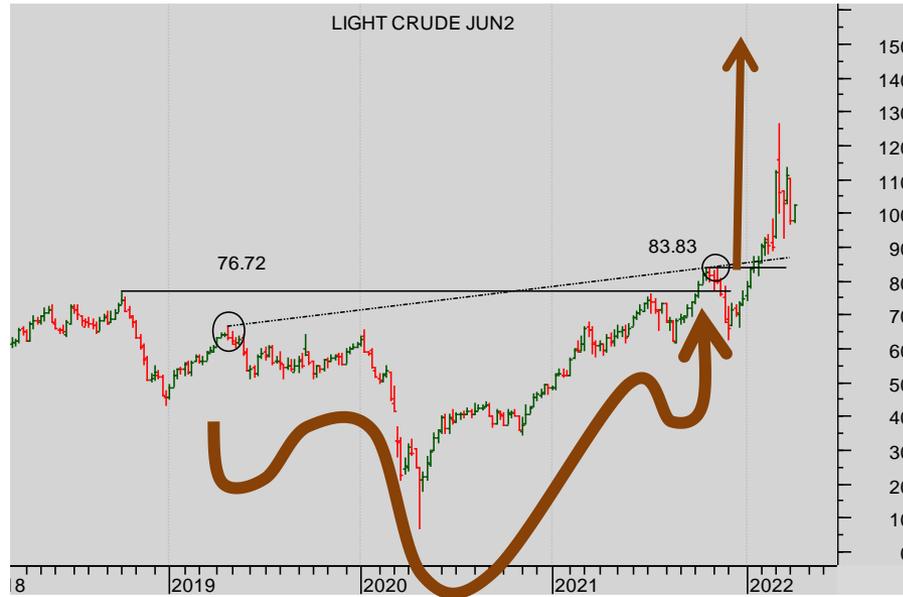
- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Commodities: Nymex WTI Oil



Nymex oil weekly cont. 2021 future

This may be a H&S Reversal calling the market up to \$150 or so. In which case it has already completed and there is **further to go**.

In any event, the breakup through Prior High 83.83 suggested a new bull leg which resulted...



Nymex oil weekly Jun 2022 future

In the Jun contract the break of the bull trend resistance signalled an acceleration of the trend **and also the creation of a support**.



Commodities: Nymex WTI Oil



Nymex oil daily Jun 2022 futures

Short-term support is clear.

Is this to be a Continuation Triangle?

Wait then, for a break of the upper diagonal at 108 or so...

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + OSE Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION

Commodities: Comex Gold

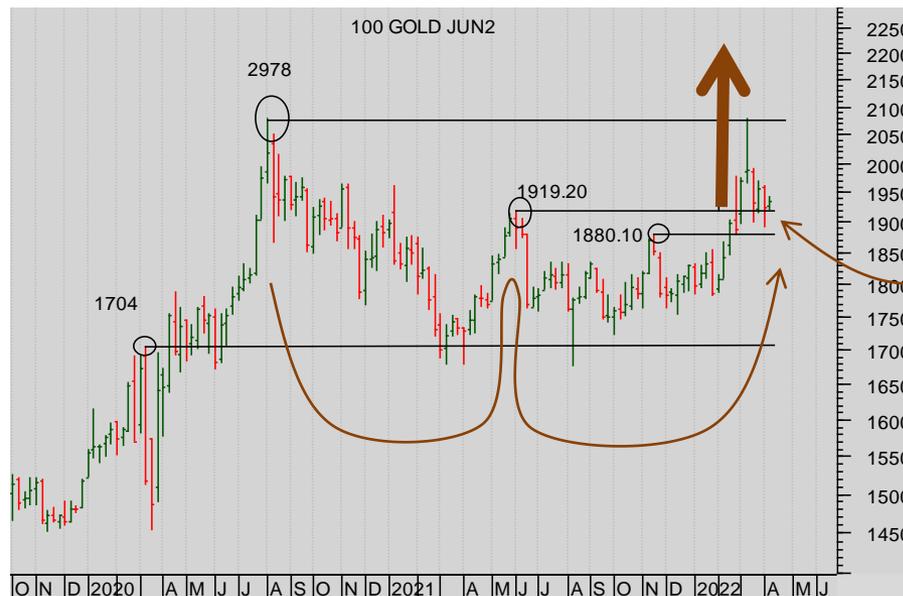


Nymex Gold Monthly

The dither at the 2011 Prior High 1915.50 is unsurprising.

The market looks as if it has completed a Double Bottom...

Look closer.



Nymex Gold Jun 22 weekly (continuation chart)

The completed Double Bottom has further to go - a minimum measured move up to 2200.

Support on any pull-back at the band 1880-1919



Commodities: Comex Gold

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

Commodities

- + Oil
- + Gold

IMPLIED ASSET ALLOCATION



Nymex Gold Jun 2022 Weekly

The Double Bottom in the JUN 22 contract.

Minimum implied move? 2200 or so.

Support 1920 or so.

As we see.



Nymex Gold Jun 2022 Daily

The detail of the bounce off the band from Prior Highs.

Anxious bulls will wait for a break up through 1972...

Bold bulls will already be long....



Summary

Summary

Currencies

- + Dollar Euro
- + Dollar Sterling
- + Dollar Yen
- + Sterling Euro

Stocks

- + S&P 500
- + EuroStoxx 50
- + FTSE 100
- + Nikkei 225

Bonds

- + Ten Year US TNote
- + Ten Year German Bund
- + UK Gilt

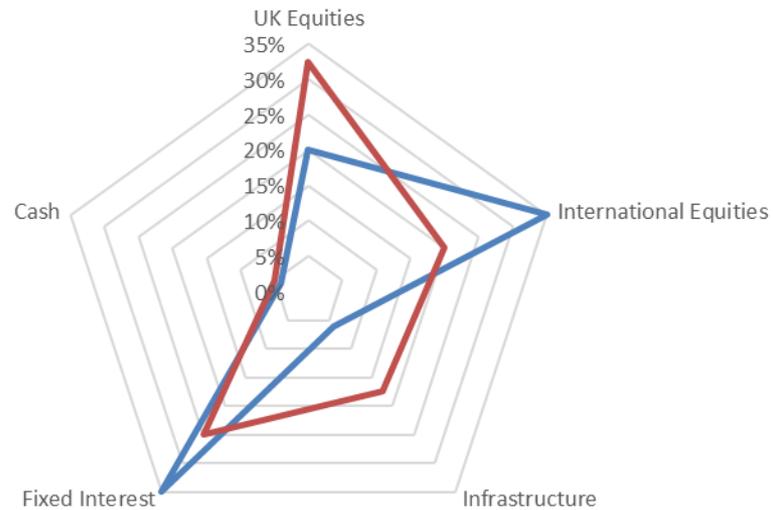
Commodities

- + Oil
- + Gold

Seven Days Ahead Balanced Risk IMPLIED Asset Allocation

v

MSCI Balanced Risk Asset Allocation



More



The material and information set out in this research is not intended to be a quote of an offer to buy or sell any financial products. Any expression of opinion is based on sources believed to be reasonably reliable but is not guaranteed as to accuracy or completeness.

The material and information herein is general and for informational purposes only. Although Seven Days Ahead endeavours to provide useful information they make no guarantee as to the accuracy or reliability of the research.

The derivative market comprises volatility and considerable risks. To the maximum extent permitted by law no responsibility or liability can be accepted by Seven Days Ahead, any company or employee within its group for any action taken as a result of the information contained in this presentation. You are requested not to rely on any representation in this research and to seek specific advice from your accountant, legal adviser or financial services adviser when dealing with specific circumstances.

Seven Days Ahead is regulated by the UK Financial Conduct Authority.

[Back to main menu](#)